



Behavioral Risk Factor Surveillance System

Texas BRFSS 2010
 Risk Factor: No Leisure Time Physical Activity
 Area: Public Health Administrative Region 2/3



	Sample Size*	% at risk	95% CI	
			Lower	Upper
Texas	18,039	26.7	25.4	28.1
Nationwide	450,439	24.4	24.2	24.7
Public Health Administrative Region 2/3	2,631	25.6	22.6	28.8
Gender				
Male	959	22.6	17.9	28.1
Female	1,672	28.5	25.0	32.2
Race/Ethnicity				
White	2,084	22.6	19.5	26.1
Black	202	32.7	23.4	43.6
Hispanic	237	32.5	23.6	42.8
Age Group				
18-29 Years	127	26.8	17.0	39.5
30-44 Years	444	23.6	18.4	29.7
45-64 Years	1,051	25.1	21.3	29.3
65+ Years	981	32.0	27.9	36.3
Education				
No High School Diploma	232	43.0	32.0	54.8
H. S. Graduate	733	43.1	35.8	50.8
Some College	705	21.7	16.7	27.6
College +	956	15.3	11.8	19.6
Income				
Less Than \$25,000	628	43.8	36.0	51.8
\$25,000 thru \$49,999	576	24.7	19.2	31.2
\$50,000 or more	1,053	15.2	12.0	19.0

Notes

Respondents 18 years and older who report no leisure-time physical activity during the past month.

The '-' indicates that the sample size was < 50.

The sample size includes all survey respondents except those with missing, "don't know", or "refused" answers.

The BRFSS 2011 and 2012 data are currently only available by request.

The 2011 and 2012 data includes cell phones and a new weighting system and should be considered a new "baseline".

Please click on this link [to request the 2011 and or 2012 data.](#)

Recommended Citation: Center for Health Statistics (CHS). *Texas Behavioral Risk Factor Surveillance System Survey Data*.

Austin, Texas: Texas Department of State Health Services, **[appropriate year or years]**.

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