



## Behavioral Risk Factor Surveillance System

Texas BRFSS 2010  
 Risk Factor: Overweight & Obesity (BMI 25 or greater)  
 Area: Public Health Administrative Region 2/3



	Sample Size*	% at risk	95% CI	
			Lower	Upper
Texas	17,020	66.6	65.1	68.1
Nationwide	441,510	64.3	64.0	64.6
Public Health Administrative Region 2/3	2,501	66.0	62.5	69.3
<b>Gender</b>				
Male	942	73.3	67.8	78.1
Female	1,559	58.5	54.3	62.6
<b>Race/Ethnicity</b>				
White	1,998	63.6	59.6	67.4
Black	191	74.2	62.6	83.1
Hispanic	210	71.8	60.1	81.2
<b>Age Group</b>				
18-29 Years	120	53.6	40.6	66.2
30-44 Years	415	66.2	59.9	72.0
45-64 Years	997	71.6	67.1	75.6
65+ Years	952	63.4	58.9	67.7
<b>Education</b>				
No High School Diploma	208	64.9	51.8	76.1
H. S. Graduate	693	66.6	58.6	73.8
Some College	673	68.4	61.5	74.6
College +	926	64.3	59.2	69.1
<b>Income</b>				
Less Than \$25,000	599	62.4	53.8	70.3
\$25,000 thru \$49,999	552	67.0	58.9	74.2
\$50,000 or more	1,013	69.7	65.2	73.8

### Notes

Respondents 18 years and older who have a BMI calculated by self reported height and weight.

The '-' indicates that the sample size was < 50.

The sample size includes all survey respondents except those with missing, "don't know", or "refused" answers.

**The BRFSS 2011 and 2012 data are currently only available by request.**

**The 2011 and 2012 data includes cell phones and a new weighting system and should be considered a new "baseline".**

**Please click on this link [to request the 2011 and or 2012 data.](#)**

**Recommended Citation:** Center for Health Statistics (CHS). *Texas Behavioral Risk Factor Surveillance System Survey Data*.

Austin, Texas: Texas Department of State Health Services, **[appropriate year or years]**.

*Last updated October 12, 2012*